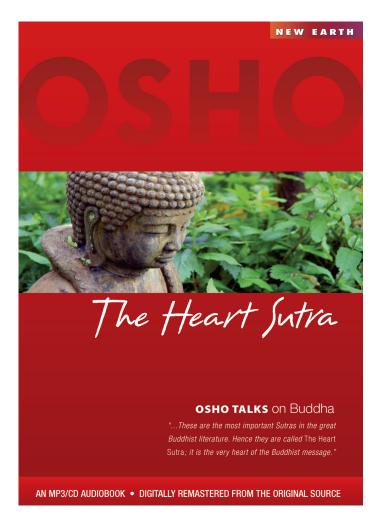
The Heart Sutra OSHO TALKS on Buddha NE 6001



TRACK LISTING:

- 1. The Buddha Within 1h 47m
- 2. Surrender Is Understanding 1h 40m
- 3. Negation of Knowledge 1h 42m
- 4. Understanding: The Only Law 1h 33m
- 5. The Fragrance of Nothingness 1h 49m
- 6. Don't Be Too Sane 1h 35m
- 7. What Is Meditation 1h 38m
- 8. The Path of Intelligence 1h 18m
- 9. Gone, Gone, Gone Beyond! 1h 37m
- 10. Sannyas: Entering the Stream 1h 39m

TOTAL TIME: 16h 18m

"Buddhahood is not something to be attained. It already exists at the essential core of your being. It just needs to be uncovered. The buddha nature is found through the practice of looking inwards."

—Osho

This is an MP3 Audiobook CD which will play on any MP3-compatible CD or DVD player. These audio tracks can also be downloaded onto your computer, MP3 player, and iPod.

AUDIOBOOK DESCRIPTION:

For more than 35 years, Osho, a contemporary mystic, met with international audiences and addressed both the timeless and timely concerns of individuals seeking a greater understanding of themselves and their world. His talks were recorded live, have been remastered in high-quality MP3 sound, and are published here in their original series format.

Zen stories serve as a starting point for several talks in the series, illuminating the nature of that rare and precious human capacity to transcend the limits of the rational mind. In alternating talks, Osho responds to questions from listeners about how these insights can be applied to everyday challenges and life concerns.

OTHER RELATED RELEASES:

Ah This: OSHO TALKS on Zen (NE 6002)

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