# Zen

## **Terry Oldfield**

### **NE 3008**



## **Track Listings**

1. The Seeking	5:08
2. Pointing to the Moon	4:59
3. Sharing the Path	5:04
4. Duality	5:03
5. Inseparable Paths	5:07
6. Treading the Path	5:17
7. Echoes in the Void	5:09
8. Anatta	5:05
9. See the Trees, Smell the Blossom	5:17
10. Transcending Time and Space	5:13
	Total Time: 51:22

#### **Review:**

"This rhythmic and entrancing album is the perfect companion for meditation practice, yoga, or simply for creating mellow and inspiring ambiance."

-SILVIA HARTMANN, HERBALIST

# **Other Albums by Terry Oldfield:**

- Chakra Clearing and Healing Sounds NE 3001
- Out of the Depths NE 3002
- Mandala Circle of Chant NE 2805
- Yoga Harmony NE 2403



#### **Artist Bio:**

Terry Oldfield is a worldrenowned artist whose profoundly inspiring music has touched the hearts of many. Terry's unique ability to bring the spirit of nature into his compositions enhances the soulful and meditative journeys his music explores.

A two-time Emmy nominee, he has composed music for film and television, as well as multi-cultural music to accompany yoga, meditation and the healing arts. He currently lives in Australia with his wife and partner in music, Soraya Saraswati. Together they travel, perform concerts and facilitate workshops for inner transformation.

### **Album Description:**

Melodic flutes accompany soulful rhythms, inspiring a journey into the deeper self. Zen is the awareness of this eternal moment. Like the wind, this music carries one beyond words along pathways through time and space. Zen is a unique and ideal album to accompany yoga, relaxation, healing or simply chilling out!

Alto & soprano flutes, keyboards, drums & percussion, vocals, nature sounds

## **Buy! Here's Why!**

- Ideal for Healing Arts & Yoga/Movement Classes!
- Perfect for Chill-out & Lounge!
- A classic from a world-renowned Emmy nominee!

## P.O.P./Merchandising:

- Promo CDs
- Press Kits
- Postcards

# **Advertising:**

- New Age Retailer
- · LA Yoga Magazine
- Tricycle
- Cutting-edge Web Campaign

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